



He Cares For You

This month, I have a special treat for you. One of our wonderful believers, Dulce Rosales, recently taught "He Cares for You" and I'd like to share this with you. I hope you enjoy this teaching as much as I did. God Bless You, Jerry Brown

I am thankful for the opportunity to share God's Word with you this morning. I want to share 1 Peter 5:7:

(1 Pet 5:7) Casting all your care upon him; for he careth for you.

To understand this verse, I want to explain the main words. The first word is casting, and from the Greek epirrhipto, means, "to



throw upon" or "to cast upon." This Greek word only appears two times in the New Testament. here and in the book of Luke.

(Luke 19:35) And they brought him to Jesus: and they cast their garments upon the colt, and they set Jesus thereon.

As we see, what this word simply means is "to throw upon," like when you cover something. It is not casting away, or throwing away, but casting upon. *So*

you cast all your cares

upon God.

Now let's see the next word in 1 Peter 5:7 – care. It comes from the Greek word merimna and it means, "mental distraction."

Anything that occupies our minds instead God's Word can become a mental distraction. Let see how

this word merimna has been used before in the New Testament.

(Mat 13:22) He also that received seed among the thorns is he that heareth the word; and the care of this world, and the deceitfulness of riches, choke the word, and he becometh unfruitful.

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The “cares of this world” and the “deceitfulness of riches” choke the Word, causing us to become unfruitful. We are in this world; we cannot get away from it. That’s a fact! But it is our choice to be full of fruit or to be unfruitful. God want us to put all our distractions upon him.

(Luke 21:34) And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.

Basically the “cares of this life” as well as the cares of the world are what will cause our hearts to be overcharged. When our hearts and mind are overcharged with so many things, there is no space for God’s Word.

Let’s go back to 1 Peter 5: 7. The first part of the verse says:

“casting all your care upon him.”

God wants us to put all our mental distraction upon Him.

Therefore, we must get rid of all of our worries and not be mentally distracted. God want us to be full of fruits so that we can edify one another and build up the church.

(1 Pet 5:7) Casting all your care upon him; for he careth for you.

The second part of 1 Peter 5:7 said “for he careth for you.” This word care is the Greek word melo and it means “to be concerned, to be of interest, and to take care.”

Let’s see a few examples of this.

(Mark 4:38) And he was in the hinder part of the ship, asleep on a pillow: and they awake him, and say unto him, Master, carest thou not that we perish?

Carest is the Greek word melo. The disciples woke him up to ask

him to take care of the situation, and he did, just like God will take care of your situations.

(Mat 22:16) And they sent out unto him their disciples with the Herodians, saying, Master, we know that thou art true, and teachest the way of God in truth, neither carest thou for any man: for thou regardest not the person of men.

Jesus Christ was not interested in any specific man and he was not a respecter of person. He came to teach the way of God to all Israel.

(1 Cor 9:9) For it is written in the law of Moses, Thou shalt not muzzle the mouth of the ox that treadeth out the corn. Doth God take care for oxen?

This is not about Oxen so much as it is about us! God cares for us, His children. He said that He

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will care for us. Why? Because He is interested in our lives.

These examples have shown us that God, our Heavenly Father, always takes care of us. Now, let's read the whole verse again.

(1 Pet 5:7) Casting all your care [distractions, worries, preoccupations, etc.] upon him [upon God]; for he [God] careth [takes care] for you [of you].

To know that God takes care of us is a great truth in which we must rejoice. The cares of the world and the cares of this life push us away from the Word of God. *God does not want us to be mentally distracted.* He wants us to put all our efforts and all our trust in Him and on His Word. He wants us to be blessed and to be fruitful believers, people who believe!

(Mat 8:8-9) The centurion

answered and said, Lord, I am not worthy that thou shouldest come under my roof: but speak the word only, and my servant shall be healed. {9} For I am a man under authority, having soldiers under me: and I say to this man, Go, and he goeth; and to another, Come, and he cometh; and to my servant, Do this, and he doeth it.

This centurion came to Jesus because his servant was very sick, and when he saw him, all he said was, "speak the word only, and my servant shall be healed."

This man was not even a Jew, but a Gentile, but he was able to understand that the words that Jesus spoke were greater than any sickness. Do you believe this also? God's Word is so much greater than any sickness, than any worry, than any care.

The centurion was a man of authority. He also knew that

Jesus' words had authority and power. Did you know that we, as born again believers, have the same authority and power in Christ Jesus? All we have to do is speak the Word and confess what the Word say, just like Jesus did. We first speak to ourselves, and then to others. Then we believe just as the centurion believed by placing the proper value on Jesus' words.

To close, I want to share eight points that can help us avoid getting mentally distracted. These will allow us to focus more on the Word of God.

1. **Standing fast on God's Word.** (Eph 6:13) Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

2. **Praying at all times and Speaking in Tongues.** (James

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5:16) Confess your faults [acknowledge your problems] one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.

3. **Fill our mind with God's Word and study with diligence.**

(Col 1:9) For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding;

4. **Speak and live God's Word as living epistles.**

(Col 4:3-4) Withal praying also for us, that God would open unto us a door of utterance, to speak the mystery of Christ, for which I am also in bonds: {4} That I may make it manifest, as I ought to speak.

5. **Practice abundant**

sharing and good works. (2 Cor 9:7-8) Every man according as he purposeth in his heart, so let him give; not grudgingly, or of necessity: for God loveth a cheerful giver. {8} And God is able to make all grace abound toward you; that ye, always having all sufficiency in all things, may abound to every good work:

6. **Walk in Love.** (Eph 5:2) And walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweetsmelling savour.

7. **Never forget all the benefits of God's Word.** (Psa 103:2) Bless the LORD, O my soul, and forget not all his benefits:

8. **Keeping the hope of Jesus Christ return alive.** (1 Th 4:13-18) But I would not have you to

be ignorant, brethren, concerning them which are asleep, that ye sorrow not, even as others which have no hope. {14} For if we believe that Jesus died and rose again, even so them also which sleep in Jesus will God bring with him. {15} For this we say unto you by the word of the Lord, that we which are alive and remain unto the coming of the Lord shall not prevent them which are asleep. {16} For the Lord himself shall descend from heaven with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first: {17} Then we which are alive and remain shall be caught up together with them in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord. {18} Wherefore comfort one another with these words.

Therefore, we must rejoice in God's Word, and fill up our mind

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with God's promises, because he
cares for you!

Dulce Rosales